

Key Employment
achieve anything....

Steve finds a work Key

IT has taken more than a decade and involved breaking through a lot of barriers but Steven Thomas is finally a happy worker.

With a new mower and a brush cutter, Steve has returned to work as a gardener at the Moonee Beach Tavern.

Back in 1988 he was a backhoe operator but a serious motor vehicle accident put paid to that career.

A long road to recovery after surgery and physiotherapy followed but his mobility and physical strength never fully returned. He tried several times to work but was unsuccessful due to his disability. He was then referred to Key

Employment, a Disability Employment Service which assists people with a disability to find employment.

After an assessment, Key Employment assisted with an individual plan to overcome barriers to employment. Then DEEW (Department of Education, Employment and Workplace Relations) agreed to workplace modifications, under its Employment Assistance Fund.

A self-propelled mower and a lightweight brushcutter which has a back support harness, assists Steven's limited strength and movement, allowing him to undertake his job with ease.

"These (tools) allowed me to get back to work ... I can't believe it," Steven said. "It's better than Christmas."

CUTTING DOWN A DISABILITY: Steven Thomas with his new mower and brush cutter, presented to him by Key Employment consultant Steve Keenes.

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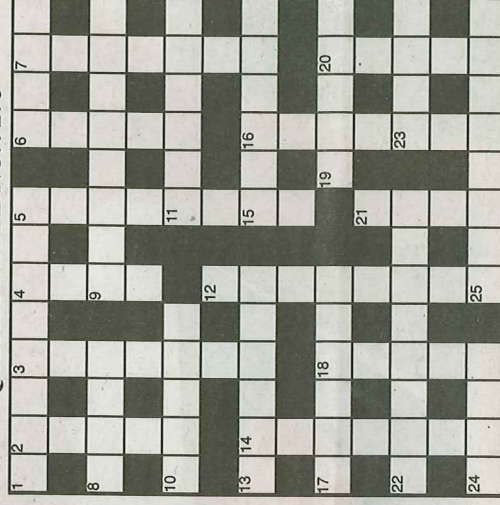
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QUICK PUZZLE NO. 9278



ACROSS

- Bit (8)
- Groove (4)
- Insect (4)
- Incentive (8)
- Degree (5)
- Giggle (6)
- Eight legged creature (6)
- Arouse (6)
- Stand-in (6)
- Nip (5)
- Dance (4-4)
- Exchange (4)
- Only (4)
- Explode (8)

DOWN

- Governor (5)
- Cautious (7)
- Language (4)
- Number (8)
- Gush (5)
- Rich (7)
- Deep (8)
- Suppose (7)
- Colour (7)
- Cross (5)
- Map (5)
- Stop (4)

CRYPTIC PUZZLE NO. 9278

ACROSS

- Manage successfully - with spirit (8). 6. Visit, yes, on the way (4). 8. The girl is furious when I get through (4). 9. Sound barriers (8). 10. A flash and a tremor (5). 11. A great success, I'll make an entrance weeping, perhaps (6). 13. An eel slipped right by, being skinnier (6). 15. Because a group's got it's advantages (6). 17. Lost or stolen, they may end up broken (6). 19. Shoot for game (5). 22. Deceive the stupid, to put it concisely (8). 23. Once overdue (4). 24. Present the man to again (4). 25. Last to fork out the rent, messy, she's a slut (8).

DOWN

- Shame by giving a whack to (5). 3. Perhaps a brave reaction to a burn (7). 4. More than a few deliveries (4). 5. Because the wares are damaged, reject them (8). 6. Row with the head, for all to hear (5). 7. "A noisy van" is an insult (7). 12. Exhibits the gifts (8). 14. Looks at a roundabout. It is ugly (7). 16. What, one at a time, each runner dons? (7). 18. Clear up, say, to the crest (5). 20. Dad and the pair had a meal in (5). 21. Daniel I'd dropped off with her (4).

CRYPTIC PUZZLE NO. 9277 - SOLUTIONS

Across - 1. Begging letter. 8. Opted (anag). 9. Rattles. 10. Single (anag). 11. Bruise. 12. Ached. 14. A-side. 18. Annual. 20. M-aid-en. 23. Mission. 24. N-ovel. 25. Changing hands.
Down - 1. Browse. 2. Get on. 3. Indulge. 4. Garb (rev). 5. (m)Enter(ribly). 6. T-all-ied. 7. Rushes. 13. Canasta (anag). 15. Staunch. 16. Tar-mac. 17. Ankles. 19. Ap(peal)ing. 21. D-von. 22. An-on.

QUICK PUZZLE NO. 9277 - SOLUTIONS

Across - 1. Mediterranean. 8. Droop. 9. Grapple. 10. Lesson. 11. Weasel. 12. Abode. 14. Spade. 18. Trophy. 20. Keeper. 23. Retinue. 24. Extra. 25. Surreptitious.
Down - 1. Middle. 2. Drops. 3. Tiptoed. 4. Rage. 5. Abate. 6. Exposed. 7. Needle. 13. Bloater. 15. Prevent. 16. Starts. 17. Dreads. 19. Hence. 21. Patio. 22. Belt.

Time is of the essence in treating burn victims

BECAUSE of plummeting temperatures winter is a time when children are more likely to be admitted to hospital with burns from heaters and hot surfaces.

St John Ambulance (NSW) is reminding everyone that immediately applying first-aid will reduce the pain and ongoing scarring of burns.

Former Australian of the Year (2005), Burns specialist Professor Fiona Wood said knowing what to do in the critical minutes before professional help arrives makes a huge difference to the outcome.

"First-aid can reduce the severity of a burn injury by up to 80 per cent, it is most effective when started within the first few minutes of an accident, the time taken to heal is significantly reduced and the ongoing treatment needed is reduced," Prof. Wood said.

The St John General Manager for Training, Robyn Galwey, said burn must be treated immediately.

"Burns are an extremely painful injury and may leave lifelong scarring if they aren't cooled immediately," Ms Galwey said.

She said there are six key steps which must be followed to lessen the impact of a burn.

- Remove the casualty from danger: If clothing is on fire pull the person to the ground, wrap in a blanket or similar and roll them along ground until flames are extinguished.

- Cool the burnt area: Hold burnt area under cold running water for at least 20 minutes. If the burn is to the eye, flush the eye with water for 20 minutes.
- Remove any constrictions such as clothing and jewellery from burnt area (unless sticking to the burn).

- Cover burn: Place a sterile, non-stick dressing over burn.
- Calm the victim.

- Call 000 for an ambulance: If burn is larger than a 20 cent piece, seek medical advice.

Ms Galwey said it was important to remember not to apply lotions, ointment or fat to a burn; do not touch the injured areas or burst any blisters; do not remove anything sticking to the burn.